



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pool Schedule YMCA of Corry

Pool Schedule Summer 2016

Schedule
July 11-Aug 4
and is subject
to change

Must be 8 years
of age or older
to use the pool
without adult
supervision

**Deep End
Swimming**
All swimmers
(no exceptions)
must swim 1
length of pool
effectively
using a front
paddle stroke
prior to entry to
deep end.

**Adult Swim
Lessons**
Available upon
request
Contact Lisa Cox
664-7757

Building Hours
YMCA Hours:
Mon-Fri
5:00a-9:00p
Saturday
8:00a-4:00p

For more
information
Contact:
YMCA of Corry
906 North Center
St
Corry, Pa 16407
P 814.664.7757
F 814.665.6833

Website:
ymcacorry.org

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Monday	Tuesday	Wednesday	Thursday	*Friday	Saturday
5:30-7:30am Lap Swim 7:30-9:30am SSL	6-7:30am Lap Swim	5:30-7:30am Lap Swim 7:30-9:30am SSL	6-7:30am Lap Swim	5:30-7:30am Lap Swim	8-9:00am Lap Swim
8:45-9:30 Aqua Tai Chi 9:30-10:30am Shallow Water Aquaerobics	9:30-10:30am Deep Water Aquaerobics	8:45-9:30 Aqua Tai Chi 9:30-10:30am Shallow Water Aquaerobics	9:30-10:30am Deep Water Aquaerobics	9:30-10:30am Shallow Water Aquaerobics	Youth Swim Lessons 9-10am
10:30-11:15am Youth Lessons Diving	10:30-11:15am Youth Lessons	10:30-11:15am Youth Lessons Diving	10:30-11:15am Youth Lessons	10:30-11:15am Diving	Open Swim 10-2pm
11:30-12:30pm Lap Swim	11:30-12:30pm Lap Swim	11:30-12:30pm Lap Swim	11:30-12:30pm Lap Swim	11:30-12:30pm Lap Swim	Rental/Bliss 2-4pm
Clymer 12:30-2:30 July	Clymer 12:30-2:30	1-3:30pm Open Swim	Clymer 12:30-2:30	1:00-7:30pm Open Swim	
2:30-3:30 Open Swim	2:30-7pm Open Swim		2:30-7pm Open Swim	3-5 SSL	Pool closed at 10 am on July 30th
3:30-4:15pm Youth Lessons	3-5pm Summer Swim League SSL	3:30-4:15pm Youth Swim Lessons	3-5 SSL	*Pool Pass Friday \$2.00 Open Swim special Non-Members	Youth Triathlon July 30 10:15am-?
4:15-7pm Open Swim		4:15-7pm Open Swim			
		7-7:30pm Private			

Have your **Birthday Party** at the YMCA of Corry

Pool Rules:

1. Shower off prior to pool entry, no band aides
2. Walk on deck
3. No street clothes, bathing suits ONLY
4. No rough play
5. No diving from deck in Shallow end (9 ft and deeper)
6. Perform a swim test prior to entry to deep end/otherwise swimmer stays in shallow end
7. No food on Deck

Diving Board Rules-Open upon Lifeguards discretion

1. One person on the board at a time
2. No running, double jumping, twisting, flipping, or fancy dives
3. Wait until previous diver has cleared the pool before jumping